


Indoor Air Quality Control Measures

Implementing some of the control measures listed below will help improve indoor air quality. A severe problem associated with any of these items may require immediate corrective action.

- Do not allow smoking in your home. Ask smokers to confine smoking outdoors.
- Leave doors between rooms open most of the time.
- Leave some windows partially open when possible.
- Install exhaust fans in bathrooms.
- Fit gas ranges with hood fans that exhaust outside. Use the fan or open a window while cooking.
- Install an outdoor air intake to return air ductwork of a forced-air system.
- Have furnace, gas water heater and clothes dryer inspected regularly.
- Clean air conditioners, humidifiers and heat exchangers regularly.
- Test for radon levels in your home.
- Air cleaning devices may be of help by keeping your home cleaner and more comfortable.

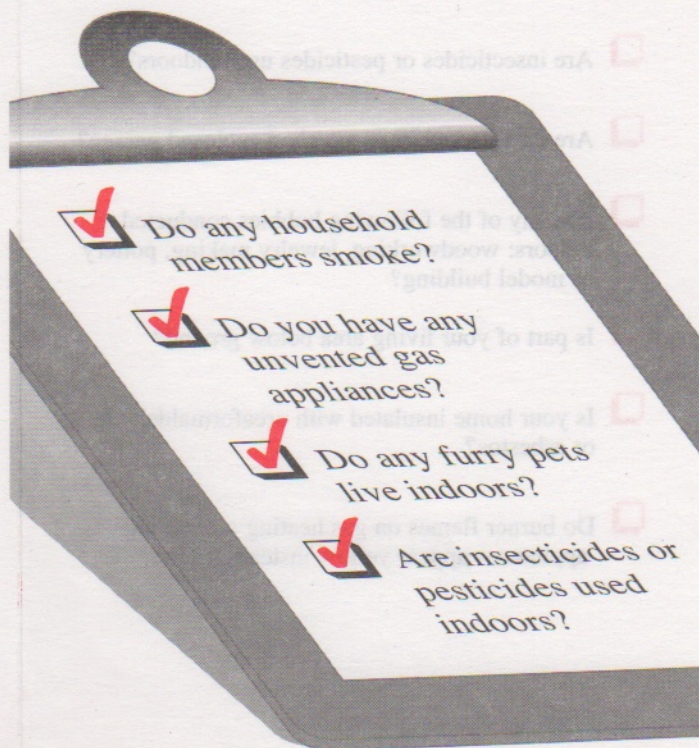
Call your local American Lung Association at 1-800-LUNG-USA for more information about the air quality in your home.

 **AMERICAN LUNG ASSOCIATION.**
1-800-LUNG-USA
(1-800-586-4872)



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Home Indoor Air Quality Checklist



Honeywell

Partners in Indoor Air Quality Education

Home Indoor Air Quality Checklist

The average American is indoors nearly 90 percent of the time, and more than half of this time is spent in the home. This checklist is a guide to help determine the general status of indoor air quality in your home.

Sources of Indoor Contaminants

- ☐ Do any household members smoke?
- ☐ Do you have any unvented gas appliances?
- ☐ Do any furry pets live indoors?
- ☐ Are insecticides or pesticides used indoors?
- ☐ Are cars parked in an attached enclosed garage?
- ☐ Are any of the following hobbies conducted indoors: woodworking, jewelry making, pottery or model building?
- ☐ Is part of your living area below ground?
- ☐ Is your home insulated with ureaformaldehyde or asbestos?
- ☐ Do burner flames on gas heating or cooking appliances appear yellow instead of blue?

Strength of Indoor Contaminants

- ☐ Are there unusual and noticeable odors?
- ☐ Is the humidity level unusually high or is moisture noticeable on windows or other surfaces?
- ☐ Does the air seem stale?
- ☐ Is the house temperature unusually warm or cold?
- ☐ Is there a noticeable lack of air movement?
- ☐ Is dust on the furniture noticeable?
- ☐ Is dust or dirt staining the walls, ceiling, furniture or draperies?

High-Risk Household Members

- ☐ Are any household members less than four years old or more than 60 years old?
- ☐ Is anyone normally confined to the house more than 12 hours per day?
- ☐ Does anyone suffer from COPD, asthma or bronchitis, allergies or heart problems?